

NHS Pensions - Retire and return video transcript

Are you thinking about retiring and returning to work or are already in receipt of your NHS pension?

If so, there are certain rules that may apply to you which could affect your pension.

Important: If you are returning to work following ill health retirement, please watch our video 'Retire and return after ill health retirement' for more information.

24 hour break

Regardless of which Scheme you are in, if you are intending to return to work following your retirement you will need to take a 24 hour break.

Under Scheme rules you may not be eligible to go back into the Section or Scheme you were in previously.

Suspension

If you are a member of the 1995 Section, your pension could also be suspended (stopped) if you work more than 16 hours per week in the first calendar month following your retirement date.

In all circumstances you must remember to:

- Tell your employer that you were in the NHS Pension Scheme and are in receipt of your NHS pension.
-
- Contact us to let us know your return to work plans.

Remember your NHS pension may be **reduced** if you return to work.

Important: For more information please read the factsheet about the rules and eligibility around returning to work after retirement and the Retirement Guide. They are both available on our website at www.nhsbsa.nhs.uk/nhs-pensions

The information in this video was correct at the time of publication (April 2018).