






## electronic Repeat Dispensing Patient suitability guide






Electronic prescribing has the potential to deliver significant benefits to patients while saving millions of pounds that could be re-invested in patient care.

This is especially true for patients who get regular or repeat prescriptions, using Electronic Repeat Dispensing (eRD) – a process that allows regular medicines to be prescribed for suitable patients in batches of up to a year.

### Patients who may be eligible for eRD include:

- 
**Patients on stable medication**
  - no change in their medication in at least 10 of the last 12 months
  - no anticipated change in their medication in the next six or 12 months
  - suitable dosage regimens
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**Patients with stable, long term medical conditions**
  - no recent unplanned hospital admissions in the last six months
  - no new conditions diagnosed in the last six months
- 
**Patients on multiple therapy**  
e.g. diabetes, hypertension, asthma
- 
**Patients on short term medication**  
e.g. until their condition is reviewed
- 
**Patients that can appropriately self-manage seasonal conditions**

### Exclusion criteria - Some medicines are not suitable or eligible for eRD. These include:

- 
 Controlled drugs (including temazepam and tramadol)
- 
 Benzodiazepines
- 
 Hypnotics
- 
 Drugs which require close and careful monitoring e.g. methotrexate
- 
 Unlicensed medicines.

### Help and support

Not all patients will be suitable or eligible for eRD.

We can use prescribing data specific to your area to help you identify patients who may be suitable for eRD.

For more information, contact:  
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